

Email Communication with Your Counsellor Informed Consent

If you choose to communicate with your Kaitlin through email, please be aware that email is not the most secure way to share information. There is a risk that text written in email is readable to anyone who might encounter it. This can include email service providers. Under normal circumstances we trust that the text we send via email will not be read by anyone it is not addressed to, however Kaitlin cannot guarantee this to be the case due to the way email functions. Most email service providers do not encrypt emails, which means they are not as protected from being intercepted or read as other methods to share information.

Kaitlin supports clients to communicate with her in a way that best fits their needs. If you have concerns about confidentiality or wish to share sensitive information, communicating with her via phone or in person can be a more secure alternative. Please discuss any concerns about sharing information and/or confidentiality with Kaitlin, should you have any more questions.