

Hosted By The Waterloo Region Trauma Service Initiative



Trauma-Specific Competencies

Training Workshop for Therapists, Counsellors and Clinicians in Waterloo Region

This comprehensive training will focus on building local capacities within the community with regards to trauma-specific treatment and will foster professional development in local therapists, clinicians, supervisors and managers supporting trauma-affected clients. This 2-day workshop will provide an overview for professionals wishing to learn more about the field of trauma therapy and will include:

- An overview of trauma assessment tools
- Core competencies and skills of trauma therapists
- A review of evidence-based and evidence informed trauma therapy approaches

Participants will be introduced to cutting edge trauma therapies integrating brain neuroscience, bio-physiology, attachment, emotions, cognition and relationships, including (but not limited to) EMDR, Somatic Experiencing and Sensorimotor Psychotherapy, and learn about the caveats and limitations of cognitive and exposure-based models.

Including a combination of lecture-style material, case examples, discussion, pairs practice and experiential learning, this workshop will also provide participants with additional information and reading materials to review in support of the next steps in their clinical development, along with where to obtain further training.

For more information, contact Elin Moorlag, project coordinator at elin@ssc.org

Trainer: Sarah Schlote, MA, RP, CCC, SEP

Registered Psychotherapist and Somatic Experiencing Practitioner
Founder and Director of The Refuge: Centre for Healing and Recovery
Lead Trainer at Trauma Trainings from The Refuge

www.healingrefuge.com

www.traumatrainings.com



Venue: The Family Centre Gymnasium (café side) 65 Hanson Avenue Kitchener, ON	1st Offering: May 16-17, 2016 9am to 4pm Click HERE to register	2nd Offering: June 20-21, 2016 9am to 4pm Click HERE to register
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